

Welcome All to the 2024 Golf Season!

This file provides information about the format for ladies' day, scheduled events, and contact information.

Please submit any suggestions, additions or corrections by email to:

Betty Nash: nash.bettyj@gmail.com

HAVE FUN & GOOD GOLFING!!

Pro Shop: 250-428-5515

Head Professional: Peter Kenneford

The Mallory Clubhouse: 250-428-3383

Welcome Note

Welcome to the 2024 Golf Season. This file has lots of important information for you - please read. It is one of the communication tools we use to keep our ladies informed. Feedback is appreciated.

I would like to welcome all of the new members to the Ladies Golf Executive. Our purpose is to encourage ladies to golf at the Creston Golf Course and have fun! This handbook will help you to connect to other lady golfers, participate in our Ladies Day games, and participate in our tournaments.

This year, the tee times are 8 minutes apart, so we will have more tee-times available for the Tuesday Ladies Golf sign up sheets.

The golf course should be open by the end of March. Looking forward to seeing all your smiling faces out there enjoying our beautiful golf course. Happy golfing!

Loretta Fladhamer,

on behalf of the Ladies Executive

2024 Ladies Golf Executive & Committees

Capitan/President:

Loretta Fladhamer
250-435-0355

Tournament:

Kelly Kemle/Karen Douville
250-428-5812/250-402-9977

Secretary/Treasurer:

Betty Nash
250-428-1381

EKATC/Zone 1:

Virgina Harder
250-428-7937

Handicap/Rules:

Leslie Harbison
250-428-5728

New Members/Handbook:

Betty Nash
250-428-1381

Entertainment/Pins:

Liz Jackson/Linda Miller
780-792-9101/250-428-1302

Juniors

Catherine Berard
780-678-0324

Co-Captain/Vice: Vacant

For more information check these websites:

<https://www.crestongolf.com/>

<http://www.bcgazone1.org/>

<http://crestongolfmembers.com/>

SIGN UP AND FORMAT FOR TUESDAY PLAY

SIGN UP – A sign up sheet will be posted on the Ladies Bulletin Board from Tuesday to Sunday.

Did you miss signing up? Call the Pro Shop on the Monday prior to the day of play. Ph: 250-428-5515

2 Formats for Tuesday Play – Net Game or Fun Game

Net Game

- 1) You must have a Golf Canada handicap to play in this competition. The maximum handicap used is 40.
- 2) Pay \$5 in the Pro Shop for the front 9 game, KP's and deuce pot. Pay an additional \$2 for the back nine competitions - flighted KP's, deuce pot and traveling putt.
- 3) All putts must be holed in this game.
- 4) Your 9 hole handicap will be calculated by Golf Genius as per the ratings of the 9 holes to be played.
- 5) The field will be flighted when the number of players exceeds 20. Flights are for handicaps 0-25 and 26-40.

SIGN UP AND FORMAT FOR TUESDAY PLAY (cont'd)

Fun Game

- 1) No handicap required.
- 2) Pay \$5 in the Pro Shop for the front nine game, KP on hole 6 and front deuce pot. Pay an additional \$2 for the back nine which consists of a flighted KP, deuce pot and traveling putt.
- 3) All putts must be holed out for KP, deuce pot and traveling putt.

SCORE KEEPING – It is advised that each group keep a master score card with players scoring themselves separately. Scores are confirmed with the master card at the end of the game. The master score card **must** be dated, signed and attested. Master card needs **first** and **last** names and **deuces circled**. Please drop off the master card at the Golf Shop. They will post your score into Golf Canada.

Prize Payouts

Results for Net & Fun Game will be posted on the Ladies Bulletin Board and online within the week. Prizes will be paid as credits posted to your account in the Pro Shop. Deuces will be paid in cash - paid out by the Pro Shop.

TIPS TO IMPROVE THE GAME FOR ALL

Pace of Play

- Walk Briskly
- Always be at your ball ready to hit when it's your turn
- Move on immediately after hitting your ball
- Think about club selection before reaching your ball
- Note background markers if your ball is heading into trouble
- The maximum time for the player to look for her ball is 3 minutes
- If you are leaving your bag away from your ball, take 2 or 3 clubs with you
- Try to take only one practice swing
- Park pull carts and power carts on path beside green enroute to the next tee before chipping and putting
- Think about your putting line while others are putting
- Putt out
- Mark scores at the next tee
- The goal is to keep up to the group in front
- If your group is falling behind, the first 2 players to hole out should move to the next hole and tee off

Repairing Ball Marks

Ball marks, those indentations caused when a ball lands sharply on a soft green, have been ruining good putts since the days of Old Tom Morris. Unrepaired ball marks take two to three weeks to heal leaving behind unsightly, uneven putting surfaces. On the other hand, a repaired ball mark takes half that time to heal.

Beginner or pro, it is your responsibility as a golfer to fix your own marks. If you're truly a steward of the game, you'll fix any others you see while your partners are putting.

Technique is important. Please consult with the Pro Shop if you are unsure how to repair a ball mark.

RULES & HANDICAP COMMUNICATION

Handicaps: As part of the handicap committee at Creston Golf Course I would like to remind everyone that the 2024 Golf Season is now active. Scores must be posted and golf played in accordance with the rules. Please post scores promptly and hole by hole scoring is strongly suggested. I also want to remind everyone that golf played out of town and/or winter play that is played in the active season must also be posted.

World Handicap System

Example of score adjustment

Name: *Jane Smith* Handicap: *16* Date: *12/09/20*

Hole	1	2	3	4	5	6	7	8	9	Out
Par	4	4	4	3	4	5	3	4	4	35
Stroke Index	7 ✓	13 ✓	3 ✓	15 ✓	11 ✓	1 ✓	17	5 ✓	9 ✓	
Score	5	5	6	4	5	5	3	5	5	43

✓ = Stroke received

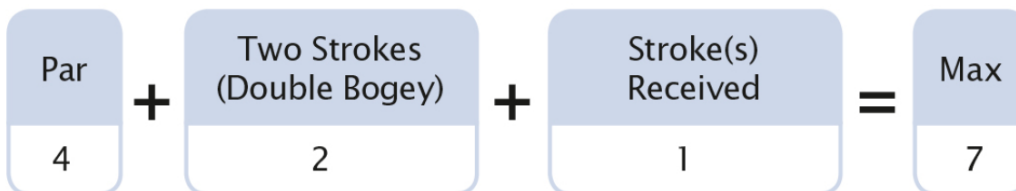
Hole	10	11	12	13	14	15	16	17	18	In	TOTAL
Par	3	4	5	3	4	5	3	4	4	35	70
Stroke Index	18	12 ✓	4 ✓	14 ✓	8 ✓	2 ✓	16 ✓	6 ✓	10 ✓		
Score	3	4	6	4	5	5	3	9	6	45	88

Gross score

Adjusted gross score for handicap purposes

Gross hole score

Net double bogey



<https://www.golfcanada.ca/world-handicap-system/>

ACHIEVEMENT AWARDS

The following is the list of awards designed to move your game forward and acknowledge improvement and milestones.

Most Improved Golfer – Greatest reduction of handicap index in a season. To qualify, a player must participate in at least ten Creston Ladies League weekly events and play and post a minimum of twenty 18 hole games. The calculation is completed by the Golf Canada handicap system.

For 2024, the qualification period runs from October 1, 2023 to September 30, 2024.

Break Pins – pin is awarded to golfers upon breaking 80, 90, 100 for the first time on the Creston Course. There is also a ball marker awarded for holes-in-one on the Creston Course. To receive these awards the score card or copy of must be dated, signed & attested and handed into Liz Jackson or Linda Miller.

2023 ACHIEVEMENT AWARDS

Most Improved Golfer:

Lisa Fanning

Break Pins:

100: Dawn Speaker, Sylvia Main

Hole-in-One: Sue Barnes, Debbie MacInnis, Cheryl Habart and Anne Lang Harris

Club Championship:

Club Champion: Leslie Harbison

Overall Low Net: Linda Price

Senior Low Gross: Debbie MacInnis

Congratulations to all the 2023 winners!

Creston Ladies and Club Events

2024 Event Dates

April 28	Rick Clarke Tournament
May 7	Creston Ladies Opener
May 19-20	Blossom Open
June 4	Cherie Baker 2 Lady Stableford Tournament
July 4-5	Creston Seniors Open
August 17-18	Creston Club Championship
August 24	Thunder Cats Charity Tournament
September 8	Harvest Tournament
September 15	Rotary Charity Tournament
October 1	Creston Ladies Closing
October 8	Iron Maiden 2 Lady Best Ball
October 20	Wimpy Cup

**CLGA – Canadian Ladies Golf Association
2024 B.C. COMPETITIONS**

B.C. AMATEUR & MID AMATEUR LADIES' CHAMPIONSHIP (25+)

Date: June 10-13

Place: Balfour Golf Course, Balfour

ZONE 1 CHAMPIONSHIP

Date: June 1-2

Place: Cranbrook Golf Club

B.C. SENIOR LADIES' CHAMPIONSHIP (50-60, Super, Super Super)

Date: July 1-4

Place: Sun Peaks Resort Golf Course, Sun Peaks

B.C. JUNIOR GIRLS' CHAMPIONSHIP (U19)

Date: July 1-5

Place: Gallagher's Canyon Golf & Country Club, Kelowna

Please check the Ladies' Bulletin Board for Tournament Posters

EAST KOOTENAY AMATEUR TEAM CHALLENGE (EKATC)

Contact: Virginia Harder

Place: Windermere Valley Golf Course

Date: August 27, 2024

Invermere

This is an eight lady team competition. Twelve teams from East Kootenays come together for a friendly competition.

Two weeks prior to the day of the “Team Challenge”, the eight ladies with the lowest handicap factor as of that date, who will be able to attend, will make up the Creston Team.

To be eligible for the team, a player must have fifteen 18-hole games posted of which 8 must have been played on a Creston Ladies Day in the previous 12 months (September of the previous year to August of the current year). A player must also have played in at least one of the following tournaments: Cherie Baker Stableford, Creston Senior Open, Creston Club Championship.

Please support our Ladies Tournaments at home and away

Away tournaments are an economical way to play another golf course and socialize with our fellow lady golfers. The more tournaments we support as a club will generate reciprocal attendance for our own tournaments.

The flights are designed so that you play at your level. There is no reason to say, “I don’t have a chance” when you can win your flight and prizes.

MAY 2024

CALENDAR MONTH MAY
 CALENDAR YEAR 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	28	29	30	1	2	3 4
	5	6	7	8	9	10 11
		Ladies Opener				
	12	13	14	15	16	17 18
	19	20	21	22	23	24 25
Blossom Open	Blossom Open					
	26	27	28	29	30	31 1

JUNE 2024

CALENDAR MONTH JUNE
CALENDAR YEAR 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	26	27	28	29	30	31
						1 Zone 1 Championship - Cranbrook
	2	3	4	5	6	7
Zone 1 Championship - Cranbrook		Cherie Baker 2 Lady Stableford				8
	9	10	11	12	13	14
		BC Amateur and Mid-Amateur - Balfour	BC Amateur and Mid-Amateur - Balfour	BC Amateur and Mid-Amateur - Balfour		15
	16	17	18	19	20	21
	22					
	23	24	25	26	27	28
	29					
	30	1	Notes			

JULY 2024

CALENDAR MONTH JULY
CALENDAR YEAR 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	30	1	2	3	4	5
	BC Sr Ladies - Sun Peaks BC Jr Girls - Kelowna	BC Sr Ladies - Sun Peaks BC Jr Girls - Kelowna	BC Sr Ladies - Sun Peaks BC Jr Girls - Kelowna	Creston Sr Open BC Sr Ladies - Sun Peaks / BC Jr Girls - Kelowna	Creston Sr Open BC Jr Girls - Kelowna	
	7	8	9	10	11	12
	14	15	16	17	18	19
		BC Amateur and Mid-Amateur - Balfour	BC Amateur and Mid-Amateur - Balfour	BC Amateur and Mid-Amateur - Balfour		
	21	22	23	24	25	26
	28	29	30	31	1	2
						3

AUGUST 2024

CALENDAR MONTH AUGUST
CALENDAR YEAR 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	28	29	30	31	1	2 3
	4	5	6	7	8	9 10
	11	12	13	14	15	16 17
	18	19	20	21	22	23 24
Club Championship						Thundercats
	25	26	27	28	29	30 31
		East Kootenay Team Challenge - Windermere				

SEPTEMBER 2024

CALENDAR MONTH SEPTEMBER
 CALENDAR YEAR 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6 7
	8	9	10	11	12	13 14
	15	16	17	18	19	20 21
	22	23	24	25	26	27 28
	29	30	1	2	3	4 5

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Harvest Tournament
 Cops 4 Kids

Rotary

OCTOBER 2024

CALENDAR MONTH OCTOBER
CALENDAR YEAR 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	29	30	1	2	3	4
		Ladies Closer and General Meeting				
	6	7	8	9	10	11
		Iron Maiden Tournament				
	13	14	15	16	17	18
						Iron Man Tournament
	20	21	22	23	24	25
Wimpy Cup						
	27	28	29	30	31	1
						2